

Building Teams Who Can Get It Done Without Supervision

This workbook is designed to help individuals and teams reflect on the value of teamwork and assess their own teamwork skills and attitudes. It includes a variety of questionnaires that can be used to evaluate different aspects of teamwork, such as communication, trust, cooperation, goal attainment, productivity, problem-solving, leadership, decision-making, and conflict resolution.

The questionnaires in this workbook can be used to identify areas of strength and weakness within a team, as well as to track progress over time. The workbook can be used by teams in a variety of settings, including business, education, and community organizations. By completing the questionnaires and reflecting on the results, teams can gain a deeper understanding of the importance of teamwork and take steps to improve their performance.

Activity 1: Self-Assessment

This questionnaire can be used to assess an individual's perception of their own teamwork skills and attitudes. On a scale of 1-5, how comfortable are you working with a group of people to achieve a common goal?

In what ways do you think you can improve your ability to work well in a team?

On a scale of 1-5, how well do you think you handle conflicts and disagreements within a team?

Activity 2: Climate Survey

On a scale of 1-5, how well do team members communicate with each other?

On a scale of 1-5, how well do team members trust one another?

On a scale of 1-5, how well do team members cooperate with one another?

Activity 3: Effectiveness Survey

This questionnaire can be used to assess the overall effectiveness of a team, including factors such as goal attainment, productivity, and problem-solving. On a scale of 1-5, how well does the team achieve its goals?

On a scale of 1-5, how productive is the team?

On a scale of 1-5, how well does the team solve problems?

Activity 4: Dynamics Survey

This questionnaire can be used to assess the dynamics of a team, including factors such as leadership, decision-making, and conflict resolution. On a scale of 1-5, how well does the team's leadership handle decision making?

On a scale of 1-5, how well does the team handle conflicts and disagreements?

Activity 5: Teamwork and Collaboration

This questionnaire can be used to assess the level of teamwork and collaboration within a team, including factors such as communication, trust, and cooperation. On a scale of 1-5, how well do team members communicate with one another?

On a scale of 1-5, how well do team members trust one another?

On a scale of 1-5, how well do team members collaborate with one another to achieve common goals?

What You'll Learn From The Activity

This activity workbook is designed to help individuals and teams reflect on the value of teamwork and assess their own teamwork skills and attitudes. By completing the questionnaires and reflecting on the results, teams can gain a deeper understanding of the importance of teamwork and take steps to improve their performance.

Through the Teamwork Self-Assessment, participants will be able to evaluate their own comfort level in working with a group of people to achieve a common goal, identify areas in which they can improve their ability to work well in a team, and assess their ability to handle conflicts and disagreements within a team.

The Team Climate Survey will provide teams with insight into the current climate of their team, including factors such as communication, trust, and cooperation. This will help them identify areas that need improvement and track progress over time.

The Team Effectiveness Survey will help teams evaluate their overall effectiveness, including factors such as goal attainment, productivity, and problem-solving. This will allow them to identify areas of strength and weakness and take steps to improve their performance.

The Team Dynamics Survey will help teams evaluate the dynamics of their team, including factors such as leadership, decision-making, and conflict resolution. Teams will be able to identify areas of strength and weakness in these areas and take steps to improve their performance.

The Teamwork and Collaboration Survey will help teams evaluate the level of teamwork and collaboration within their team, including factors such as communication, trust, and cooperation. This will allow them to identify areas that need improvement and track progress over time.

Overall, this activity workbook is an effective tool for teams to reflect on the value of teamwork and assess their own teamwork skills and attitudes. By completing the questionnaires and reflecting on the results, teams can gain a deeper understanding of the importance of teamwork and take steps to improve their performance.