

Speak & Grow Rich – With Corey Poirier

This article delves into the topic of overcoming fear and achieving authenticity in public speaking, drawn from the insights of a guest expert who is a renowned stand-up comic turned speaker.

This knowledge is crucial because how we present our ideas can greatly impact their acceptance, and being able to do so confidently opens many opportunities personally, socially, and professionally.

The significant benefit of engaging in these exercises emanates from the development of increased self-confidence and successful communication skills, which are beneficial in all aspects of life.

Quote to remember from the Interview

"I haven't discovered anybody yet who studies communication more than a stand-up comic."

What You'll Learn From the Activity

The designed questions and activities will help participants understand the essence of mastering public speaking. They are aimed at translating the insights provided in the article into practical applications to facilitate personal growth in communication.

Activity

Reflect: What makes you uncomfortable about public speaking?

Identify: What is the "Ascension Path" in selling?

Enumerate any three key points you learned about the importance of authenticity and comfort in public speaking?

True or False: Studying communication like a stand-up comedian can enhance your communication skills.

How can joining clubs like Toastmasters help improve your public speaking skills according to the article?

Situation: If you are asked to do a public seminar, how would you manage the logistical challenges?

Fill in the blank: "__ is a great way to get started in public speaking?"

Reflect: How would you apply the "comic viewpoint" in your communication style?

Enumerate any three challenges that can be encountered while planning for a seminar.

Multiple choice: Which of the following is not a viewpoint of comic communication?

- a) Engaging the audience
- b) Effectiveness of communication
- c) Being disrespectful

How does "Ascension Path" foster relationship building according to the article?

Situation: How would you apply the concept of Ascension Path in your daily interactions?

True or False: Stand-up comedians don't study communication.

Reflection: What personal anecdotes can you use to enhance your public speaking?

How can public speaking skills positively impact your personal life?

Reflect: How does the quote "I haven't discovered anybody yet who studies communication more than a stand-up comic." resonate with your own public speaking experiences?

Multiple Choice: Which of the following is a benefit of studying communication like a stand-up comic?

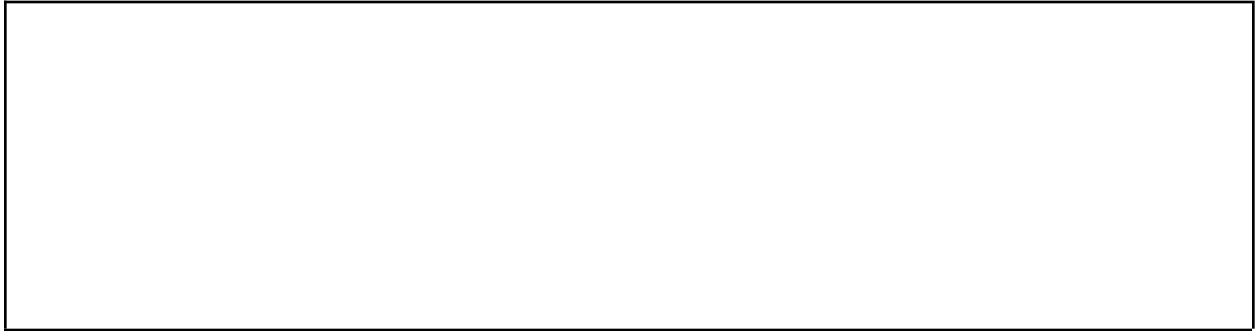
- a) Becoming funny
- b) Enhanced communication skills
- c) Becoming a comedian

Multiple Response: Check all that apply. According to the article, the effective ways to start a career in public speaking are:

- a) Speaking for no fee
- b) Collecting testimonials
- c) Paying for speaking arrangements

According to the article, what role does the stand-up comedy strategy play in overcoming stage fright?

Reflection: Considering your personality, how can you make your communication style more authentic and comfortable?

A large, empty rectangular box with a thin black border, intended for the user to write their reflection on the question above.