# Align Your Beliefs to Attract Abundance and Awesomeness





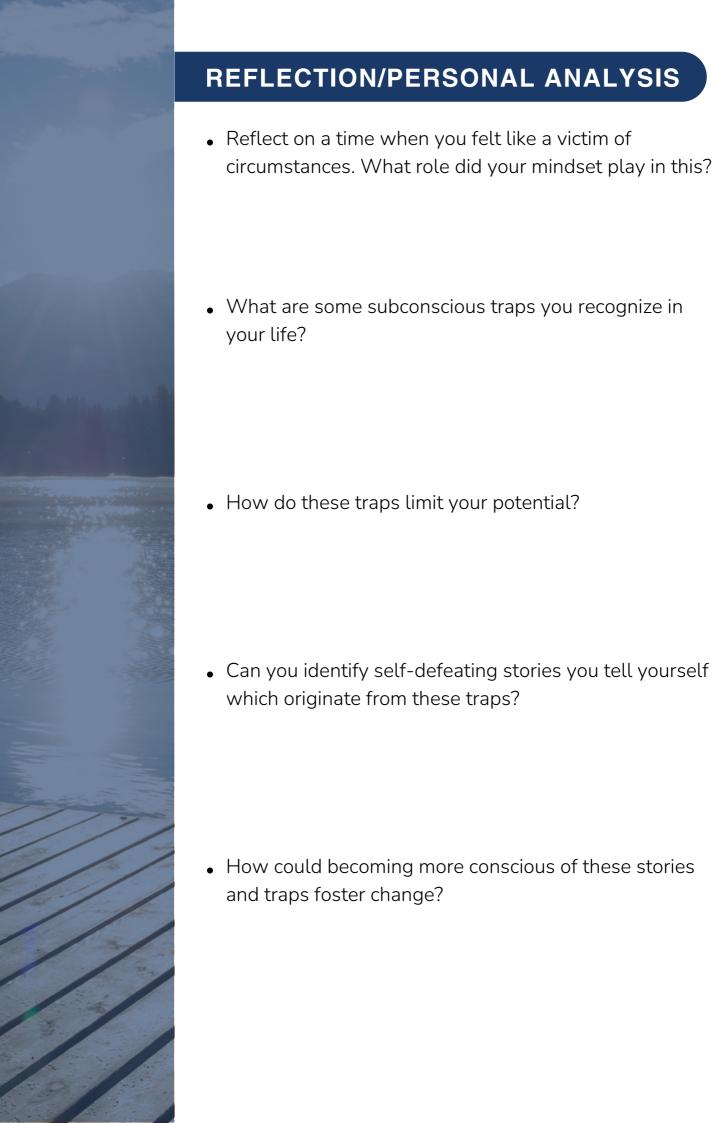
This workbook features insights from Marci Lock about the transformative power of self-empowerment, particularly the transition from subconscious to conscious living, and freeing ourselves from self-imposed barriers.

It is invaluable because it presents tangible strategies to break free from limiting beliefs and narratives, fostering a conscious and empowered life.

The benefit of benefit from doing these exercises is the ability to apply Marci Lock's insights in a practical way, making intentional changes to our own mindsets and life trajectories.

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"If we choose to become conscious, we realize, life happens from me."



#### **REFLECTION/PERSONAL ANALYSIS**

• What does the statement "life happens from me" mean to you?

 How would adopting this perspective shift your current outlook on life?

• What are some self-sabotaging patterns you've noticed in your life?

• How do feelings of unease serve as red flags for change?

 How can developing an awareness help you break these patterns?



#### REFLECTION/PERSONAL ANALYSIS

• What are some new, empowering beliefs you would want to embrace?

• How would these beliefs influence your health and happiness?

• True or False: A conscious life means never experiencing discomfort or struggle.

• Identify a specific area in your life where you want change to happen. How might the Mind Body Breakthrough program aid this transition?

 Reflecting on the outcomes of this transition, how would your life look differently? How would it feel?

• Outline a replacement for a current self-limiting belief you hold. Make sure it's empowering and positive.

#### REFLECTION/PERSONAL ANALYSIS

• Write a letter to your future self, 1 year from now. What advice and reminders would you give?

• True or False: Embracing conscious living means no longer having limits.

 Reflecting on this journey, what is your ultimate goal and why? How does this align with the life you desire?





### SITUATIONAL AWARENESS

In what ways might societal norms have contributed to your current mindset?

If you find yourself deviating from your conscious living goal, what strategies can you employ to bring yourself back on track?



# SITUATIONAL AWARENESS

Imagine you've fully embraced conscious living. Describe a day in this new reality.					
How would you deal with resistance or challenges that might arise during your journey towards conscious living?					

# LISTING/ENUMERATION ACTIVITY Key Takeaways

List three actionable steps to transition from a victimhood mindset to a conscious living mindset, drawing inspiration from Marci's insights.

- 1.
- 2.
- 3.

Name three people in your life who could benefit from Marci's insights. How might you share them?

- 1.
- 2.
- 3.

List three actionable steps to transition from a victimhood mindset to a conscious living mindset, drawing inspiration from Marci's insights.

- 1.
- 2.
- 3.

Use these takeaways to enhance your approach to digital marketing, copywriting, and lead generation in the future.





# DARYL URBANSKI

FOUNDER | PRESIDENT OF BESTBUSINESSCOACH.CA HOST OF THE BEST BUSINESS PODCAST

**Daryl Urbanski** is best known for his ability to create seven-figure, automated income streams from scratch.

First, as Senior Marketing
Director for Neurogym. He helped
generate over \$1.6 Million USD in
under 8 months with a single
marketing strategy.

This became \$7.5 Million USD in 3 years. He continued this success with multiple clients.

He's now set on a mission to help create 200 NEW multi-million dollar businesses. How?

Science & Accountability.

After 400+ expert interviews & \$50,000 in evidence-based research. He uncovered 8 critical business habits.

These 8 critical habits will determine who survives & thrives in these unprecedented times and who succumbs.

Daryl has quickly climbed the entrepreneurial ladder, gaining respect from thousands of business owners worldwide.

An author to speaker, marketer to coach - Daryl's multi-faceted business approach sets him apart as one of the leading business experts of his generation.











# **SUGGESTED TOPIICS::**

### <u>8 Critical Success Factors</u>

- 1. Self-efficacy 4. Market Intelligence
- Personality Traits 5. Sales Strategy & Skills
   Leadership Skills 6. Money Management
   Personal Disciplines 7. Business Operating
- 2. Strategic Planning Systems
- 3. Marketing Strategy 8. Business Intelligence



### **FEATURED ON**













Daryl Urbanski on using automation to grow your business



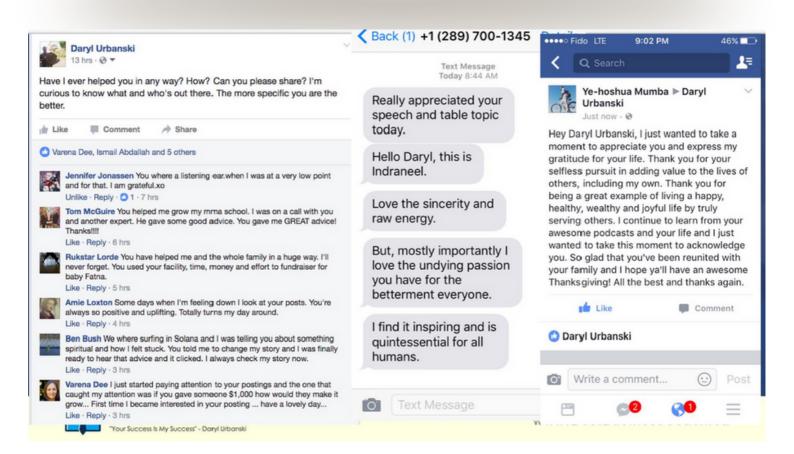


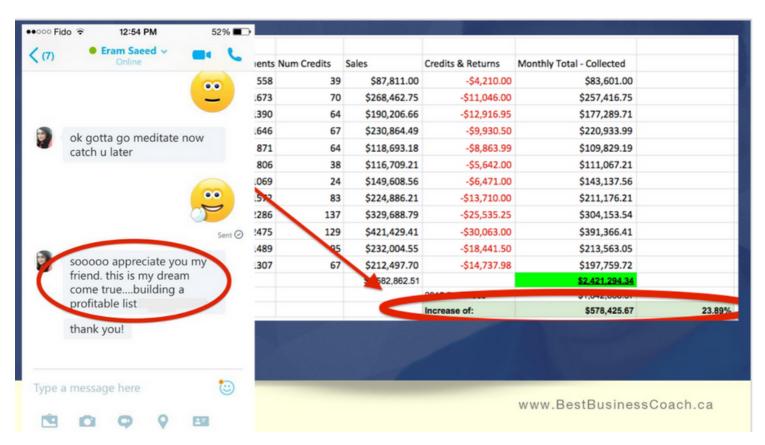


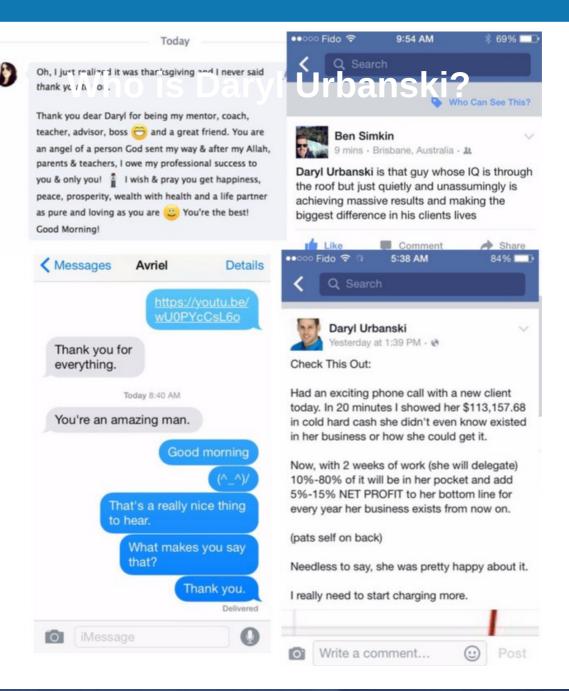




# Who is Daryl Urbanski?







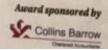


# Young Entrepreneur Award

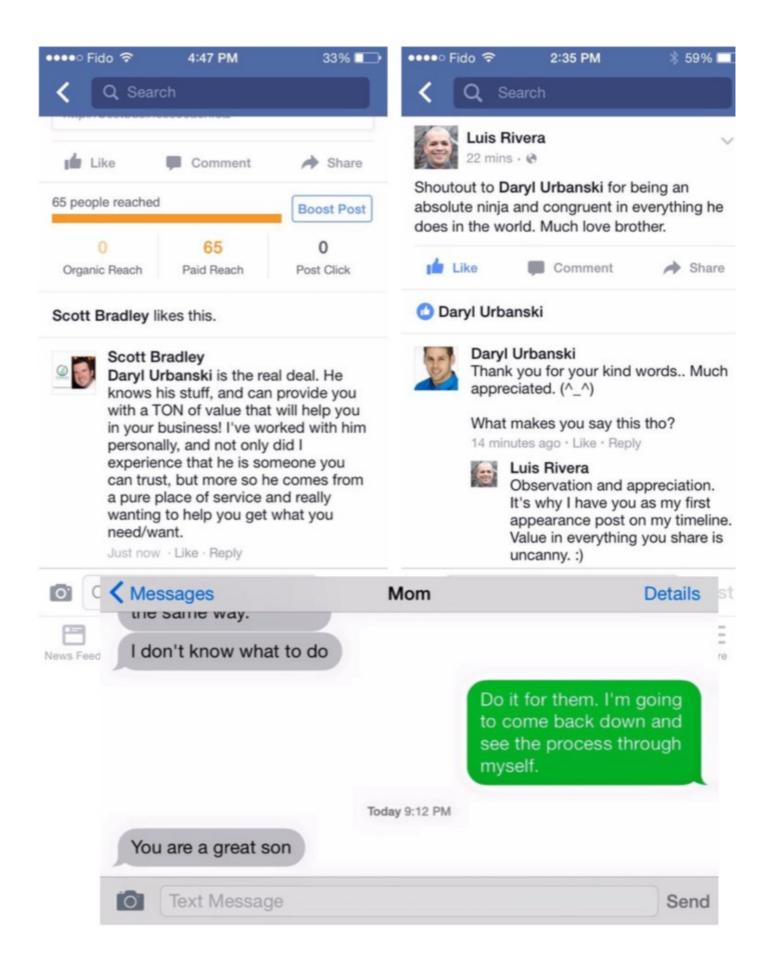


### Daryl Urbanski BestBusinessCoach.ca

At the age of 17, Daryl Urbanski did his first workshop with Bizbound.ca on 'How to Start and Grow a Successful Business'. Today, he is the author of the top selling book on Amazon, 'Ancient Secrets of Lead Generation: Your Primitive Business Guide to Better Leads with Less Effort', and owner of BestBusinessCoach.ca. He is also the author of two other books; 'Business Success Secrets, Principles, Formulas & Ethos' & 'Primitive Business Tools For Success'.







# **Case Study**

# Turning \$50,000 USD into \$212,484 USD with paid ads and automation

Today's case study is the **CEO** of another USA-based company.

Her business caters to women in their 40s. Women who are into Reiki and other energy healing. Including alternative medicine techniques.

She felt trapped by her dependence on her industry peers. And their practice of promoting to each other's patrons. She didn't want others to sell to her community. Or even share her base with them just so her company can maintain growth. She wanted to be independent without sacrificing sales.

Thus, she turned to Daryl for a marketing solution. A solution to give her freedom from external influences.

#### **Objectives**

Establish a profitable, fully automated paid advertising campaign to build her audience.

Determine who are the company's best customers.

Attract new customers and turn them into the highest paying clients.

Create a membership program for a stable income growth.

#### What Daryl Did

Established a "golden path" for lead generation and client acquisition process from the first to the sixth purchase.

Analyzed 20,000+ orders to determine who their best customers are, where they come from, and how they make their purchases.

 Set up a paid advertising campaign for the first step their best customers took and automatically sent the next promotions for the second, third, fourth, fifth, and sixth products at the appropriate time.

#### Results

- Turned one-time buyers into multi-buyers in a predictable way Many people who bought a one, bought a second and third item. Immediate profit from paid ads was \$212,484 but if we include back end sales we grew her business by almost 26% or \$578,425.67.
- Produced a larger buyer base and enabled her to expand them without outside support.

#### Why It Was Smart To Work With Daryl

It was smart because he successfully helped her run a profitable paid ad campaign. The money she spent grew at least three times. She now has a larger list plus the ability to grow her list without any outside endorsement. She has a predictable way to turn first-time buyers into multi-buyers. She also has a clearer idea of who her target market is, who her best buyers are, and the multiple ways to reach them.

This has now become a cornerstone part of her business-enhancing every single big promotion she has done since then... with a bigger email list plus an understanding of how to use paid ads.

Evergreen Sales Rep	port					
	EVG	MTD	YTD	ES-EVG	MTD	YTD
Week of May 30	\$127	\$127	\$127	\$13,673	\$13,673	\$13,673
Week of June 6	\$1,172	\$1,172	\$1,299	\$10,846	\$10,846	\$24,519
Week of June 13	\$2,315	\$3,487	\$3,614	\$13,977	\$24,823	\$38,496
Week of June 20	\$19,541	\$23,028	\$23,155	\$4,258	\$29,081	\$42,754
Week of June 27	\$5,375	\$28,403	\$28,530	\$1,272	\$30,353	\$44,026
Week of July 4	\$3,319	\$3,319	\$31,849	\$523	\$523	\$44,549
Week of July 11	\$829	\$4,148	\$32,678	\$2,266	\$2,789	\$46,815
Week of July 18	\$904	\$5,052	\$33,582	\$1,482	\$4,271	\$48,297
Week of July 25	\$10,330	\$15,382	\$43,912	\$0	\$4,271	\$48,297
Week of Aug 1	\$3,955	\$3,955	\$47,867	\$197	\$197	\$48,494
Week of Aug 8	\$1,542	\$5,497	\$49,409	\$0	\$197	\$48,494
Week of Aug 15	\$1,792	\$7,289	\$51,201	\$0	\$197	\$48,494
Week of Aug 22	\$1,007	\$8,296	\$52,208	\$0	\$197	\$48,494
Week of Aug 29	\$1,465	\$9,761	\$53,673	\$1,172	\$1,369	\$49,666
Week of Sept 5	\$2,362	\$2,362	\$56,035	\$2,461	\$2,461	\$52,127
Week of Sept 12	\$2,669	\$5,031	\$58,704	\$649	\$3,110	\$52,776
Week of Sept 19	\$18,263	\$23,294	\$76,967	\$197	\$3,307	\$52,973
Week of Sept 26	\$6,202	\$29,496	\$83,169	\$397	\$3,704	\$53,370
Week of Oct 3	\$4,458	\$4,458	\$87,626	\$0	\$0	\$53,370
Week of Oct 10	\$2,838	\$7,296	\$90,464	\$394	\$394	\$53,764
Week of Oct 17	\$2,019	\$9,315	\$92,483	\$99	\$493	\$53,863
Week of Oct 24	\$4,337	\$13,652	\$96,820	\$0	\$493	\$53,863
Week of Oct 31	\$2,667	\$2,667	\$99,487	\$492	\$492	\$54,355
Week of Nov 7	\$1,410	\$4,077	\$100,897	\$394	\$886	\$54,749
Week of Nov 14	\$3,087	\$7,164	\$103,984	\$99	\$985	\$54,848
Week of Nov 21	\$2,862	\$10,026	\$106,846	\$0	\$985	\$54,848
Week of Nov 28	\$6,497	\$16,523	\$113,344	\$590	\$1,575	\$55,438
Week of Dec 5	\$14,287	\$14,287	\$127,631	\$194	\$194	\$55,632
Week of Dec 12	\$7,885	\$22,172	\$135,516	\$97	\$291	\$55,729
Week of Dec 19	\$7,496	\$29,668	\$143,012	\$170	\$461	\$55,898
Week of Dec 26	\$4,551	\$34,219	\$147,562	\$194	\$655	\$56,092
Week of Jan 2	\$6,036	\$6,036	\$153,598	\$0	\$0	\$56,092
Week of Jan 9	\$2,567	\$8,603	\$156,165	\$226	\$226	\$56,318
TOTAL	\$156,165			\$56,318		
		otali	6242.404			
	1	otal:	\$212,484			



Otto Ruebsamen Daryl is good. I worked with him in 1 company where he took the almost dead company and automated a sales machine that's produced 40-70k a week for the past 5 years now. Saved that company while generating predictable cash flow the business was able to grow on and make payroll from every two weeks.

Love · Reply · 15w





→ M Daryl Urbanski replied · 2 Replies



Darren Veerapa Niiiiiiiice!!! 🔘 1





Ed O'Keefe This is a great post Daryl Urbanski!!! Amazing work

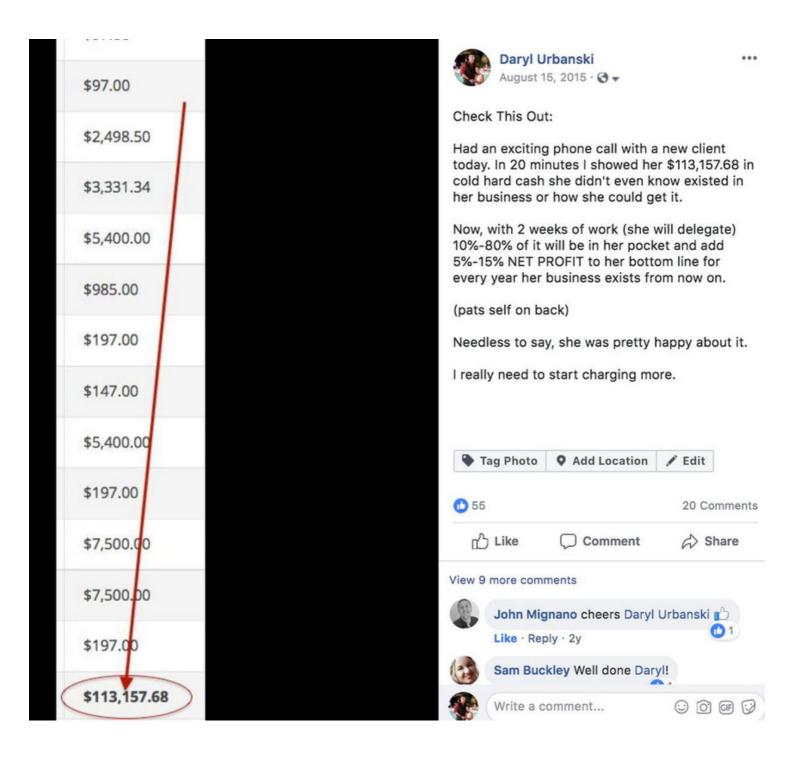
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→ M Daryl Urbanski replied · 1 Reply





### **CASE STUDY**

# Almost Bankrupt to \$1.6 MILLION USD in 9 Months with a Single Marketing Strategy.

Our case study for today is the **CEO** of a company that offers online personal development courses.

Catering to women who follow Deepak Chopra, the movie "The Secret," and John Assaraf, he provides coaching on mindset, hypnosis, neuro-linguistic programming, and positive affirmations.

The company encountered a stumbling block: multiple attempts to launch a flagship product—a \$20/month mindset membership—had failed. They found themselves on the verge of bankruptcy.

The CEO and his team had to do everything in their power to save the business. Either they go big or they go home penniless and insecure.

#### **Objectives**

Generate funds to keep the business moving forward. Launch products that sell. Market the brand.

#### What we did

Established a standard lead generation and client acquisition process using a six-hour webinar.

Harnessed the company's 50+ strategic partner promoters which earned the company approximately \$550,000 from about 600 orders.

- •Sold \$997 one-time or \$397 three-time payment plan, with around 50 percent of sales going to the partners.
- Gave a Contact Us number and assigned two phone sales reps to take inbound calls.
- Placed outbound calls to anyone who hit the order form during the broadcast or clicked to see the order form from a post-event email but didn't purchase.
- Created split tests for each step of the process when the partners were promoting.
- Made A and B versions of registration pages, reminder emails, order forms—everything.

Took the winning versions and then set them up to play as if live but on an automated basis.

Set up the process to run from Sunday to Saturday each week, automatically.

Ran the six-hour event on Saturdays.

• Sent multiple pieces of pre-event videos and homework materials viå email to build excitement.

Uploaded buyer emails to Facebook Ads and made a lookalike list.

Created three ads with a \$500 budget and ran them on Facebook

• to the lookalike audience of our 550+ buyers to register for the event "happening this week".

Doubled the ad spending using the profit from the week before.

#### Results

Earned \$1.6 million in front-end sales (excluding back-end products and services sold).

Made \$7 million in sales in just under three years.

Installed a massive income stream, including paid ads and customer service, requiring only three or four people to run it.

• Launched several other products under the new company brand.

#### Why it was smart to work with us

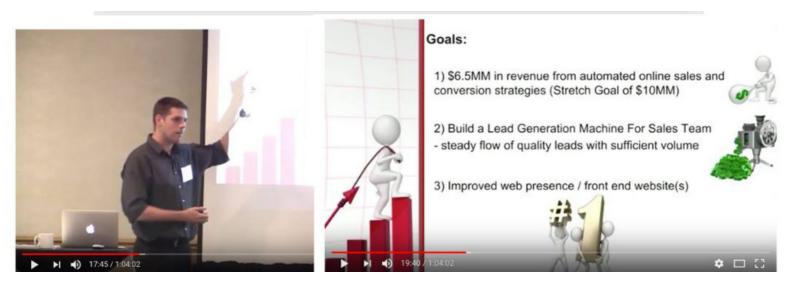
It might be hard to believe how they got back on their feet and earned millions. But Daryl's marketing strategy worked; this company is one of the many who swear by it.

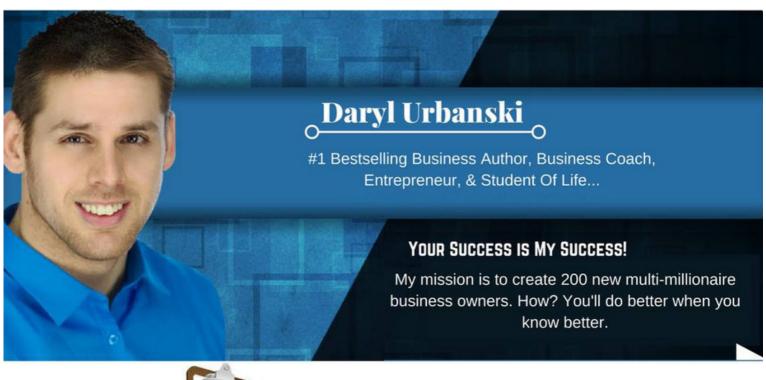
Listen to Daryl's interview with Kent Martin about how they grew the business: https://members.bestbusinesscoach.ca/inside-a-7-million-dollar-automated-funnel-building-up-to-over-300000-facebook-followers-from-scratch-with-kent-martin-2/.



Special Series 10 of 10: Inside A \$7 Million Dollar Automated Funnel & Building Up To Over 300,000 Facebook Followers From Scratch - With Kent Martin

Today we are joined by a good friend and very special guest - Kent Martin. I first met Kent while working as Senior Marketing Director for J...











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